

# Trot Pole Clinics

---

- **Does your horse need to improve balance, coordination & proprioception?**
  - **Develop suppleness, strength, power & cadence?**
  - **Are you looking for ideas to step up your training and make it more interesting?**
- 

These clinics have 40-50 poles set up in various gymnastic sequences to challenge and improve the physical & mental development of horses & riders.

Ridden groups of 4-6 depending on space & equipment available.  
No canter.

---

## Contact Trish

**Phone:** 0427 134 033

**Email:** [shutupandride@trishbraithwaite.com.au](mailto:shutupandride@trishbraithwaite.com.au)

**Website:** [trishbraithwaite.com.au](http://trishbraithwaite.com.au)

**Facebook:** Trish Braithwaite Equestrian

---

