Trish Braithwaite Equestrian

## Skills Development Clinics

Do you feel you've missed learning the basics of riding?

## Learn everything you need to know for any discipline in 7 Steps:

- **1.** An Effective Position & the Half Halt What is it & How do I do it?
- Developing Feel: Footfall Sequence, Rhythm& Tempo
- Accurate Lines & Figures: What are they, How to ride them well & Why I should
- 4. Developing Lightness: Transitions Demystified
- 5. Lateral Learning 1: Leg Yield
- 6. Lateral Learning 2: Shoulder In
- **7.** Developing Mobility: Turns on Forehand, Haunches & Rein Back

Ridden groups of 6, over 7 sessions.

Multiple sessions possible in one day, as are theory-based.

## **Contact Trish**

Phone: 0427 134 033

Email: shutupandride@trishbraithwaite.com.au

Website: trishbraithwaite.com.au
Facebook: Trish Braithwaite Equestrian

