

Trish Braithwaite
Equestrian

Groundwork & In Hand Training

- Prepare your horse physically & mentally for riding
 - Develop trust & connection with your horse
 - Teach your horse all the lateral movements from the ground
 - Learn how to improve your sense of feel, timing & coordination
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**Groups of 4-6, over a minimum of 3 sessions
(non-riding, bridle minimum)**

- 1. Introduction to Groundwork**
 - 2. Revise & Introduction to In Hand work (Stationary Flexions)**
 - 3. Revise & Introduction to walking In Hand**
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Contact Trish

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